

ECHO Key Messages

Emergency and Community Health Outreach



Key Messages Final
June 20, 2012

Key Messages

“Active Living and Healthy Eating on a Budget”

Translators: Translate only the words and not “Number 1, Number 2 and Number 3.” Please contact your project manager with any questions.

Number 1: Eating healthy and being active is important for everyone.

Number 2: You can make healthy food choices even on a limited budget.

Number 3: There are resources to help you buy and prepare healthy food.

###